

Well-being resources at your fingertips

Looking for organizations that provide helpful financial, physical and mental well-being resources? Here are a few that Canada Life has collaborated with:

Financial well-being

[Chartered Professional Accountants of Canada](#)

[Credit Counselling Society](#) – for Canadians living outside of Quebec and Atlantic provinces

[Credit Counselling Services of Atlantic Canada](#) – for Canadians living in Quebec and Atlantic provinces

Physical well-being

[Chloe](#) by Dialogue

Mental well-being

[Crisis Services Canada](#)

[Wellcan](#)

[Workplace Strategies for Mental Health](#)

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