

# Free credit support when you need it most

We know the market shift has taken a toll on working life and savings outlooks for many Canadians. We also know credit card spending may have increased as a result. That's why we're working in partnership with the [Credit Counselling Society](#), an award-winning, non-profit service that offers free, confidential, one-on-one credit counselling and financial education.

In-depth programs to assist with debt repayment and debt settlement are available. Given the current market situation, Canada Life is extending debt management programs provided by the Credit Counselling Society, to Canada Life plan members – free of charge – until June 30, 2020\*.

You can access practical resources to help you:

- Manage your expenses
- Pay off your debt
- Set financial goals that are relevant to you and your family

## **Additional support at your fingertips**

The Credit Counselling Society also offers free webinars through [MyMoneyCoach](#). Webinar topics include:

- Relationship & Money
- Budgeting
- Credit & Debt
- Topical

There are a range of personal budget webinars available to you. [Check them out today](#).

Interested in learning more? Contact the Credit Counselling Society at 1-888-527-8999. If you live in Quebec or an Atlantic province, call 1-888-753-2227.

\*Date may be adjusted based on market situation.